Grocery List Maia Joy

my mother always knows exactly what i want for dinner. she used to call this "maternal telepathy," but now she calls it instead a "lucky guess."

she can tell exactly what kind of week i'm having based on what i silently add to the grocery list she knows, for example, that if i've listed "apples," she must also bring home peanut butter; if i've listed "mediterranean mint Talenti (5)" and "that really good soft cheese that comes in a tub" and "dinosaur chicken nuggets," she must also bring home tampons. if i've listed "swedish meatballs," she must also take me to IKEA and hold my body up as we wait in line, cart full of particleboard furniture, colorful pillows resembling oversized human appendages, and tiny potted plants, to buy one-dollar ice cream cones that we will inevitably eat in the car, quietly, while she tries to figure out what is wrong, before asking me to turn on my Disney playlist (she will tell me that she wants to listen to it, but we will both know that this is actually for me, and we will sing along until the car rattles as it blazes down the highway and the clouds overhead turn back into water).

she stockpiles tissues on pallets in the garage, enough to soak up a small tsunami should one happen to spontaneously invade our landlocked home, so that we will never run out if a rainy day comes before her next trip to the store. when i wasn't looking, she purchased a second freezer for the sole purpose of storing chicken wings, popsicles, and cold cuts, just in case i decide that i would like a mortadella sandwich.

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